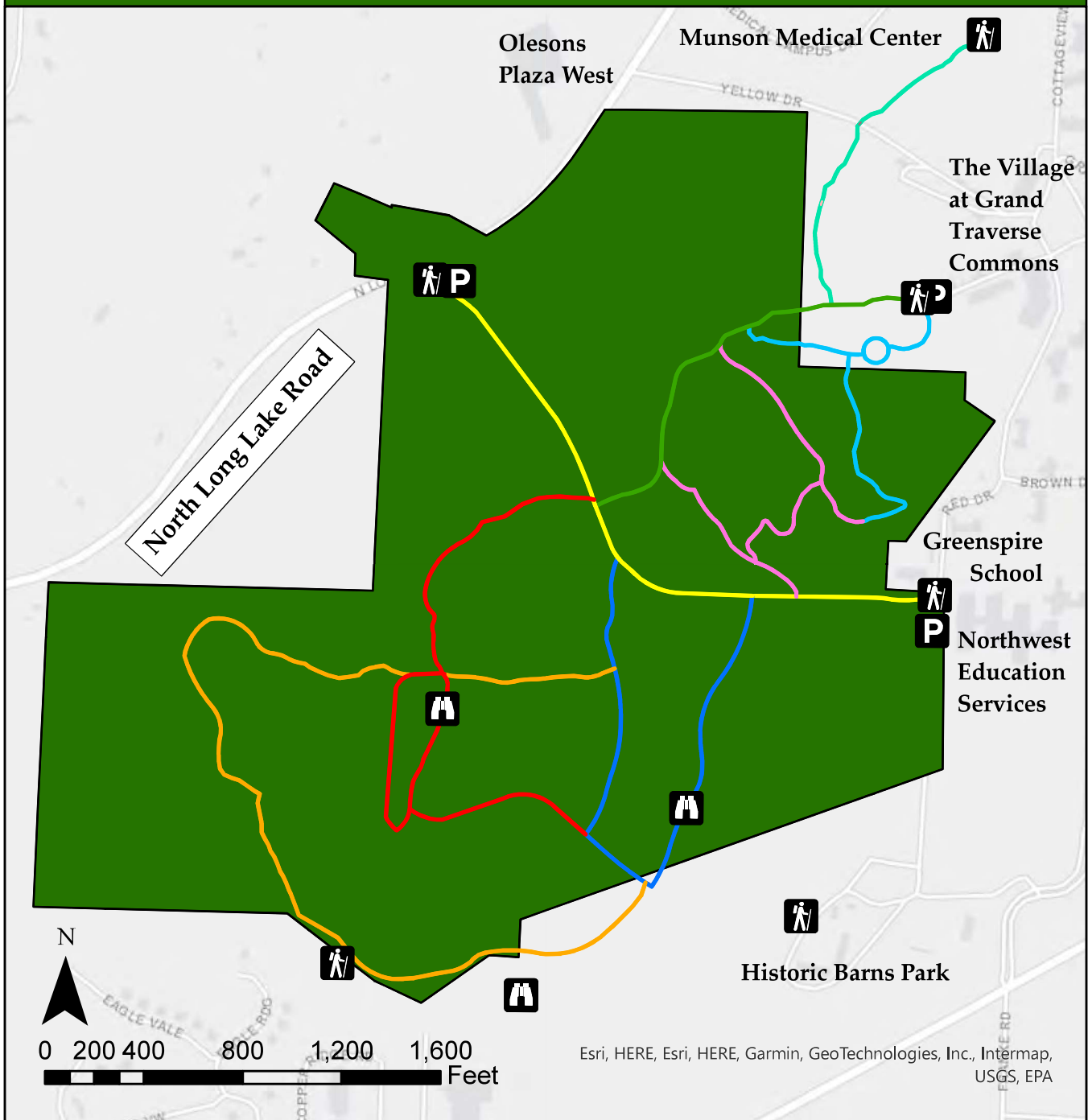


# Grand Traverse Commons Natural Area






## Trails

- Cedar Cathedral Trail
- Cistern Spur
- Copper Ridge Trail
- Garfield Trail
- Meadows Loop
- Old Orchard Trail
- Streamside Loop
- Tanglewood Trail

For more information about Township parks, or to report any concerns, please email: [parcs@garfield-twp.com](mailto:parcs@garfield-twp.com)

## Park Features

-  Hiking
-  Parking
-  Scenic Area



## Charter Township of Garfield

3848 Veterans Drive  
 Traverse City, MI 49684  
 Phone: 231.941.1620  
 Fax: 231.941.1588  
[www.garfield-twp.com](http://www.garfield-twp.com)

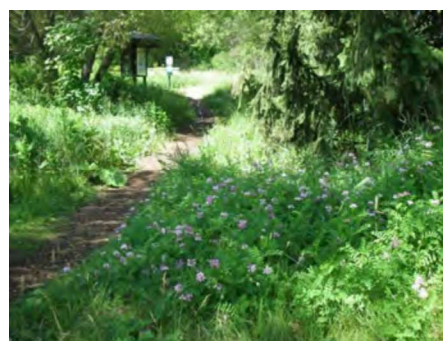
# Grand Traverse Commons Natural Area



## Park Description

What is today the site of the Grand Traverse Commons was previously the site of the Traverse City State Hospital. The hospital provided services to people experiencing mental health issues. This included offering patients an environment with light, sunshine, fresh air, and access to nature as part of the philosophy of “beauty is therapy” espoused by the hospital. The Commons Natural Area was a main part of the access to nature for the patients.

In 1993, the State of Michigan deeded a 100.87-acre parcel to Garfield Township, which became known as the “Commons 100” and which forms the bulk of the Commons Natural Area today. The Township has acquired other parcels since then to expand the parkland and provide more recreational opportunities for the community. Today, the Township parkland at the Commons Natural Area totals approximately 185 acres.



## Park Information

Location:	Entrances on N. Long Lake Road, Gray Drive, and Red Drive
Acreage:	185 acres
Hunting:	Not allowed